

— Anytime —

<b>Quiche</b>	<b>2.50</b>
Try our fresh baked flavor of the day	
<b>Mini Scones</b>	<b>2/1.25</b>
Blueberry, Cinnamon Chip, Cranberry Orange, Mocha Chip, Apple Current, Cinnamon Raisin	
<b>Bagels .95</b>	<b>w/cream cheese 1.50</b>
Plain, Blueberry, Cinnamon Raisin	
<b>Muffins</b>	<b>1.50</b>
Blueberry, Lemon Poppy Seed, Morning Glory	
<b>Toast</b>	<b>1.50</b>
Fresh baked whole wheat toast served with Peanut Butter and Jelly	
<b>Carmel Roll</b>	<b>1.50</b>
Fresh baked from Abby's	

— Sandwiches —

Served with a cup of soup or chips and a pickle

<b>Perky Turkey</b>	<b>6.95</b>
Deli Turkey, Cream Cheese, Sprouts, Romaine, and Sunflower Seeds on Fresh Gourmet Bread	
<b>Garden Gourmet</b>	<b>6.95</b>
Cucumber, Red Pepper, Red Onion, Tomato, Romaine, Sprouts, Cream Cheese, Vinaigrette on Fresh Gourmet Bread	
<b>Chilled Reuben</b>	<b>6.95</b>
Corned Beef, Swiss and a House Special Coleslaw on Fresh Baked Rye Toast	
<b>Bistro Beef</b>	<b>6.95</b>
Roast Beef, Cheddar, Red Pepper, Tomato, Romaine on Fresh Ciabatta Bread with Horseradish Sauce	
<b>Ham Sammich</b>	<b>6.95</b>
Deli Ham, Swiss, Romaine, Red Onion, Tomato on Fresh Ciabatta Bread with Honey Mustard	
<b>Deli Turkey</b>	<b>6.95</b>
Deli turkey, Provolone, Romaine, Red Onion, Tomato on Fresh Ciabatta Bread with Mayo	

— Build Your Own Sandwich —

<b>Choose From</b>
Deli Corned Beef, Ham, Turkey, Roast Beef, or Pastrami
<b>Add Cheese</b>
Cheddar, Swiss, or Provolone
<b>Pick as many of these</b>
Romaine, Red Onions, Red Peppers, Cucumbers, Tomato and Sprouts
<b>Top it off with</b>
Mayo, Miracle Whip, Horseradish, Vinaigrette, Mustard (French's – Dijon – Honey Dijon)
<b>Available on</b>
Ciabatta Bread, Organic Whole Wheat, Spinach Parmesan, Sunflower Oatmeal or Rye

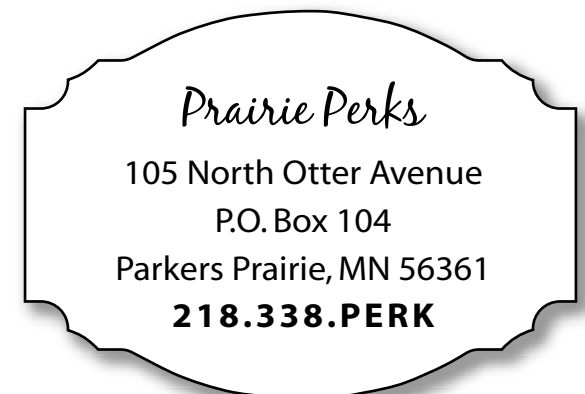
<b>Whole Sandwich</b>	<b>6.95</b>
Served with fresh cup of soup or chips and pickle	
<b>Sandwich only</b>	<b>5.95</b>
<b>Half Sandwich w/ Soup</b>	<b>5.95</b>
<b>Daily Special</b>	<b>5.95</b>
Our Choice Daily	

— Soup of the Day —  
Served with Crackers

<b>Small Bowl</b>	<b>2.95</b>
<b>Large Bowl</b>	<b>3.95</b>
— Kids Special —	
<b>PBJ</b>	<b>1.95</b>
on wheat with glass of milk	



— Menu —



— Refreshers —

<b>Smoothies</b>	<b>2.95</b>
Stawberry, Mango, Banana or any combination	
<b>Iced Coffees</b>	<b>3.20</b>
Latte, Mocha, Turtle, French Vanilla served over ice	
<b>Frozen Coffees</b>	<b>3.85</b>
Your favorite coffee blended with ice cream	
<b>Try a Turtle Today!</b>	

— Cold Beverages —

<b>Iced Tea</b>	<b>1.50</b>
<b>Fresh Lemonade</b>	<b>1.50</b>
<b>Arnie Palmer</b>	<b>1.50</b>
Lemonade and iced tea mixed	
<b>Bottled Soda</b>	<b>1.50</b>
<b>Canned Soda</b>	<b>1.00</b>
<b>Assorted Juices</b>	<b>1.50</b>
<b>Pom Teas</b>	<b>2.95</b>
2 full servings of Fresh Pomegranate juice	
<b>Bottled Water</b>	<b>1.00</b>
<b>Ice Water</b>	<b>Free</b>

— Treats —

<b>Ice Cream</b>	
Hard serve flavors vary	
<b>In dish, cake, or sugar cone</b>	<b>1.35 / 1.75</b>
<b>In waffle cone</b>	<b>1.50 / 2.00</b>
<b>Itsy Bitz</b>	<b>1.95</b>
Banana Split, Cookies-n-Cream, Cotton Candy, Mint Chip	
<b>Cookies</b>	<b>95¢</b>
Fresh baked monster cookies	
<b>Small/Large Biscotti</b>	<b>1.00 / 1.50</b>
<b>Dipped Biscotti</b>	<b>1.60</b>
<b>Shortbread Cookies</b>	<b>1.00</b>

— Flavors —

<b>Almond</b>	<b>French Vanilla</b>
<b>Amaretto</b>	<b>Hazelnut*</b>
<b>Banana</b>	<b>Irish Cream</b>
<b>Blueberry</b>	<b>Macadamia Nut</b>
<b>Carmel*</b>	<b>orange</b>
<b>Cherry</b>	<b>Peppermint</b>
<b>Chocolate*</b>	<b>Raspberry*</b>
<b>Chocolate Mint</b>	<b>Red Hot Cinnamon</b>
<b>Cinnamon</b>	<b>Strawberry</b>
<b>Coconut</b>	<b>Toasted</b>
<b>Creme de Menthe*</b>	<b>Marshmallow</b>
<b>Egg Nog</b>	<b>Vanilla*</b>
<b>English Toffee</b>	<b>White Chocolate*</b>

\* sugar free

— House Specials —

	<b>2.70</b>	<b>3.20</b>	<b>3.70</b>
<b>The Perk</b>			
Orange flavored mocha			
<b>White Chocolate Berry</b>			
White chocolate mocha with raspberry			
<b>Turtle Latte</b>			
Chocolate and carmel latte with whipped topping			
<b>Peppermint Patty</b>			
Chocolate and peppermint latte with whipped topping			

— Coffee Drinks —

	1 shot	2 shots	
<b>Espresso</b>	<b>1.50</b>	<b>1.70</b>	
	12 oz.	16 oz.	20 oz.
<b>Americano</b>	<b>1.50</b>	<b>1.70</b>	
<b>Latte</b>	<b>2.50</b>	<b>2.70</b>	<b>3.20</b>
<b>Cappuccino</b>	<b>2.50</b>	<b>2.70</b>	<b>3.20</b>
<b>Mocha</b>	<b>2.85</b>	<b>3.20</b>	<b>3.70</b>
<b>Flavored Latte</b>	<b>2.85</b>	<b>3.20</b>	<b>3.70</b>
<b>Depth Charge</b>	<b>2.10</b>	<b>2.50</b>	
<b>House Brew</b>	<b>1.00</b>	<b>1.20</b>	<b>1.40</b>
<b>Hot Cocoa</b>	<b>1.75</b>	<b>2.25</b>	<b>2.75</b>
<b>Steamers</b>	<b>1.25</b>		
<b>Kids Cocoa</b>	<b>1.25</b>		
<b>Hot Tea</b>	<b>95¢</b>		
<b>Chai Tea</b>	<b>2.40</b>	<b>2.90</b>	<b>3.40</b>
<b>Spiced Cider</b>	<b>1.95</b>		

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<b>Extra Shot</b>	<b>50¢</b>
<b>Extra Flavor</b>	<b>50¢</b>

Enjoy a bottomless cup  
In-House for only \$1.00



Fresh Ground and Whole Beans  
Available for \$14.95 lb.