

— Anytime —

Quiche	2.50
Try our fresh baked flavor of the day	
Scones	.75
Blueberry, Cinnamon Chip, Cranberry Orange, Mocha Chip, Apple Current, Cinnamon Raisin	
Bagels .75	w/cream cheese 1.50
Plain, Blueberry, Cinnamon Raisin	
Muffins	1.50
Blueberry, Lemon Poppy Seed, Morning Glory	
Toast	1.50
Fresh baked whole wheat toast served with Peanut Butter and Jelly	
Carmel Roll	1.50
Fresh baked from Abby's	

— Sandwiches —

Served with a cup of soup or chips and a pickle

Perky Turkey	5.95
Deli Turkey, Cream Cheese, Sprouts, Romaine, and Sunflower Seeds on Fresh Gourmet Bread	
Garden Gourmet	5.95
Cucumber, Red Pepper, Red Onion, Tomato, Romaine, Sprouts, Cream Cheese, Vinaigrette on Fresh Gourmet Bread	
Chilled Reuben	5.95
Corned Beef, Swiss and a House Special Coleslaw on Fresh Baked Rye Toast	
Bistro Beef	5.95
Roast Beef, Cheddar, Red Pepper, Tomato, Romaine on Fresh Ciabatta Bread with Horseradish Sauce	
Ham Sammich	5.95
Deli Ham, Swiss, Romaine, Red Onion, Tomato on Fresh Ciabatta Bread with Honey Mustard	
Deli Turkey	5.95
Deli turkey, Provolone, Romaine, Red Onion, Tomato on Fresh Ciabatta Bread with Mayo	

— Build Your Own Sandwich —

Choose From	Deli Corned Beef, Ham, Turkey, Roast Beef, or Pastrami
Add Cheese	Cheddar, Swiss, or Provolone
Pick as many of these	Romaine, Red Onions, Red Peppers, Cucumbers, Tomato and Sprouts
Top it off with	Mayo, Miracle Whip, Horseradish, Vinaigrette, Mustard (French's – Dijon – Honey Dijon)
Available on	Ciabatta Bread, Organic Whole Wheat, Spinach Parmesan, Sunflower Oatmeal or Rye

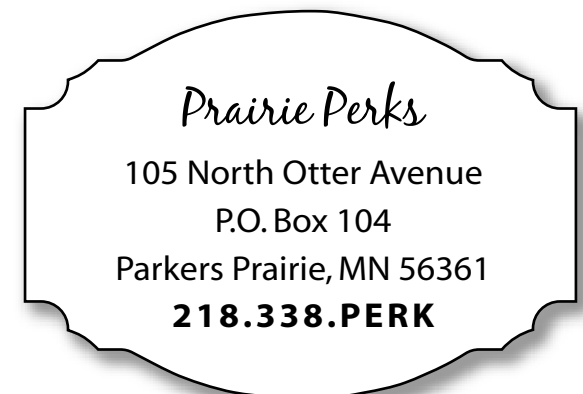
Whole Sandwich	5.95
Served with fresh cup of soup or chips and pickle	
Sandwich only	4.95
Half Sandwich w/ Soup	4.95
Daily Special	4.95
Our Choice Daily	

— Soup of the Day —
Served with Crackers

Small Bowl	2.05
Large Bowl	2.95
— Kids Special —	
PBJ	1.95
on wheat with glass of milk	



— Menu —



— Refreshers —

Smoothies	2.95
Stawberry, Mango, Banana or any combination	
Iced Coffees	3.20
Latte, Mocha, Turtle, French Vanilla served over ice	
Frozen Coffees	3.85
Your favorite coffee blended with ice cream	
Try a Turtle Today!	

— Cold Beverages —

Iced Tea	1.50
Fresh Lemonade	1.50
Arnie Palmer	1.50
Lemonade and iced tea mixed	
Bottled Soda	1.50
Canned Soda	1.00
Assorted Juices	1.50
Pom Teas	2.95
2 full servings of Fresh Pomegranate juice	
Bottled Water	1.00
Ice Water	Free

— Treats —

Ice Cream	
Hard serve flavors vary	
In dish, cake, or sugar cone	1.35 / 1.75
In waffle cone	1.50 / 2.00
Itsy Bitz	1.95
Banana Split, Cookies-n-Cream, Cotton Candy, Mint Chip	
Cookies	75¢
Fresh baked monster cookies	
Small/Large Biscotti	1.00 / 1.50
Dipped Biscotti	1.60
Shortbread Cookies	1.00

— Flavors —

Almond	French Vanilla
Amaretto	Hazelnut*
Banana	Irish Cream
Blueberry	Macadamia Nut
Carmel*	orange
Cherry	Peppermint
Chocolate*	Raspberry*
Chocolate Mint	Red Hot Cinnamon
Cinnamon	Strawberry
Coconut	Toasted
Creme de Menthe*	Marshmallow
Egg Nog	Vanilla*
English Toffee	White Chocolate*

* sugar free

— House Specials —

	2.70	3.20	3.70
The Perk			
Orange flavored mocha			
White Chocolate Berry			
White chocolate mocha with raspberry			
Turtle Latte			
Chocolate and carmel latte with whipped topping			
Peppermint Patty			
Chocolate and peppermint latte with whipped topping			

— Coffee Drinks —

	1 shot	2 shots	
Espresso	1.50	1.70	
	12 oz.	16 oz.	20 oz.
Americano	1.50	1.70	
Latte	2.50	2.70	3.20
Cappuccino	2.50	2.70	3.20
Mocha	2.85	3.20	3.70
Flavored Latte	2.85	3.20	3.70
Depth Charge	2.10	2.50	
House Brew	1.00	1.20	1.40
Hot Cocoa	1.75	2.25	2.75
Steamers	1.25		
Kids Cocoa	1.25		
Hot Tea	95¢		
Chai Tea	2.40	2.90	3.40
Spiced Cider	1.95		

Extra Shot	50¢
Extra Flavor	50¢

Enjoy a bottomless cup
In-House for only \$1.00



Fresh Ground and Whole Beans
Available for \$9.99 lb.